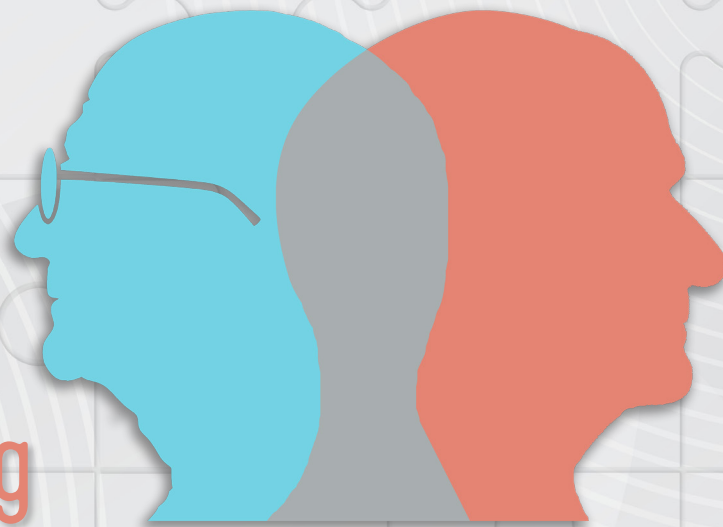


Behavioral Health & Psychosocial Well-Being



This webinar series emphasizes growing the skills of the interdisciplinary team in the areas of mental health, behavior management and fostering psychosocial well-being. Your staff will gain insight into common mental health disorders, substance use disorders, trauma informed care, as well as psychotropic medications and implementing effective non-pharmacological strategies to manage behavioral health needs in the LTC setting.

What to Expect:

- Insight into common mental health disorders and caregiver strategies to support residents with these conditions
- Grow ability to recognize and address substance use disorders
- Gain confidence in managing behavioral health issues

Target Audience

Nursing Home Administrators, Director of Nursing, Nurse Leaders, Department Managers; Risk Management, Social Services, Therapy, QAPI team

CEUs

One (1) contact hour for each session.

Presented By



Christine Twombly,
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Clinical Consultant



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September 18 - Psychotropic Medications: Best Practices in LTC

This session explores the regulatory requirements and standards of care related to psychotropic medication use in nursing homes. Best practices for ensuring appropriate use, avoiding unnecessary medications and understanding related quality measures will be discussed with case study examples.

September 25 - Mental Health Conditions & Successful Care Planning for Resident Well-Being

This session provides an overview of mental health conditions commonly encountered in nursing facilities (NF) and outlines strategies for successful care planning to enhance resident well-being.

October 2 - Trauma Informed Care

Learn to recognize signs of trauma, create a supportive environment, and apply strategies to enhance the emotional and psychological well-being of residents. This session will emphasize integrating trauma-informed care practices into daily routines to provide compassionate and effective care.

October 9 - Substance Use Disorders (SUD)

Substance Use Disorders are now recognized and identified as a collection of cognitive, behavioral, and physiological symptoms, wherein an individual persists in using a substance despite experiencing significant problems and adverse consequences. This session will review the characteristics of this disease, along with identifying who is at risk, what substances are included, intervention strategies, and how it impacts Long Term Care.

October 16 - Behavior Management Programs

Expand insight into the application of non-pharmacological interventions, techniques for de-escalating challenging behaviors, and the importance of a person-centered approach. The goal of this session is to equip staff with the skills necessary to preemptively reduce problem behaviors and to manage behavioral health issues effectively, fostering a positive and therapeutic environment for residents.

October 23 - Advance Directives, Consent, and End-of-Life Care

This session aims to provide participants with a comprehensive understanding of how these critical aspects of healthcare influence patients' mental and emotional states, as well as their overall quality of life.

